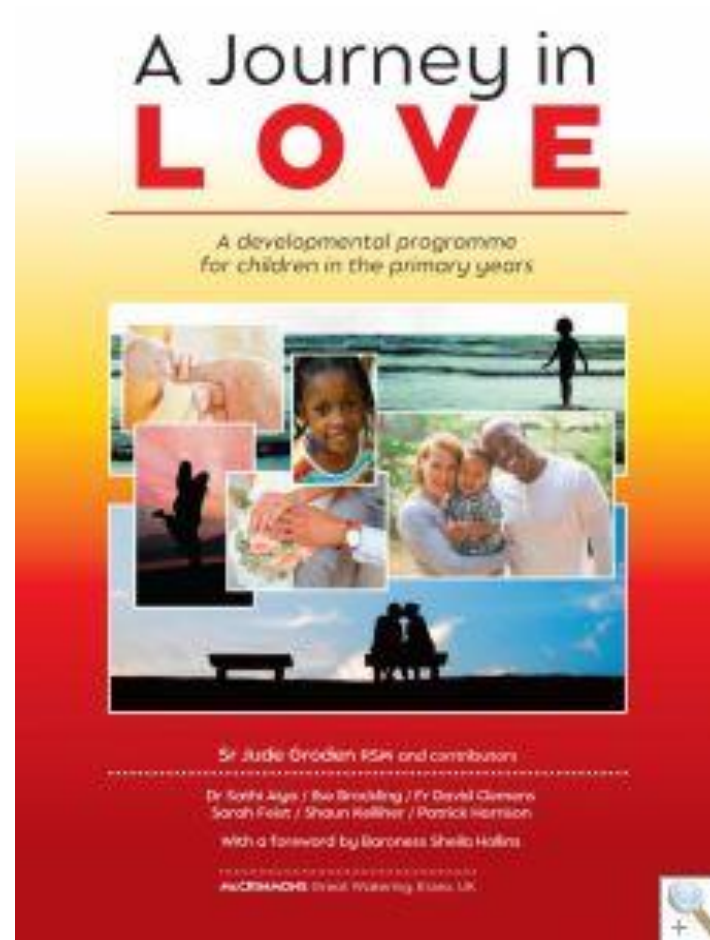
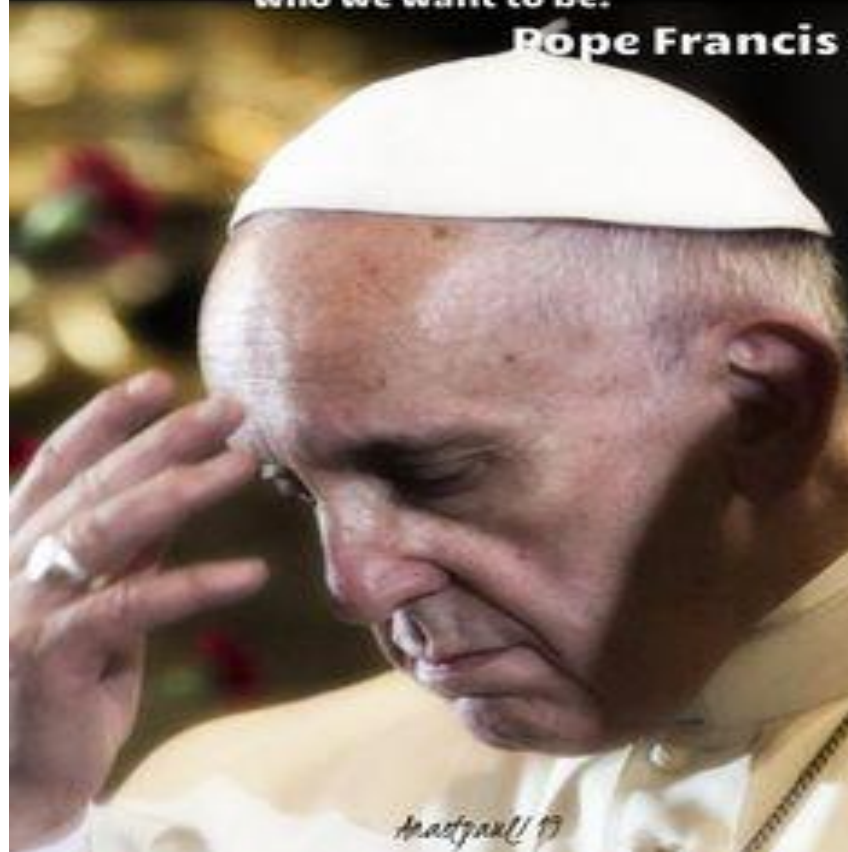


A Journey in **Love** Programme



**Making the sign of the cross
when we wake up,
before meals,
before a danger,
to defend against evil,
at night before sleep,
means to tell ourselves
and others who we belong to,
who we want to be.**

Pope Francis



Handgauru 13

DFE GUIDANCE

- Since September 2020, guidance from the Department for Education for Relationships Education, Relationships and Sex Education (RSE) and Health Education became mandatory for all Schools, including Catholic Schools.

SUMMARY OF DFE CONTENT FOR PRIMARY SCHOOLS

1. Relationship Education

- Relationships Education and Relationships and Sex Education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online.
- Children will be taught what a relationship is, what friendship is, what family means and who can support them. In an age-appropriate ways, children will cover how to **treat each other with kindness, consideration and respect**. By the end of primary school, pupils will have been taught content on:
 - **families and people who care for me**
 - **caring friendships**
 - **respectful relationships**
 - **online relationships**
 - **being safe**

SUMMARY OF DFE CONTENT FOR PRIMARY SCHOOLS

2.

- Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise. By the end of primary school, children will have been taught content on:
 - **mental wellbeing**
 - **internet safety and harms**
 - **physical health and fitness**
 - **healthy eating**
 - **facts and risks associated with drugs, alcohol and tobacco**
 - **health and prevention**
 - **basic first aid**
 - **changing adolescent body**

Catholic Education Service

This initiative has been welcomed by the Catholic Education Service (CES), who state clearly that, **Catholic schools are also required to deliver RSE in accordance with the teaching of the Church. RSE is part of the mission of Catholic schools to educate the whole person. It should be carried out as part of the holistic education, which seeks to form as well as inform young people in preparation for adult life.**

The CES offers perspectives on the provision of outstanding Relationships Education, Relationships, Sex Education, and Health Education in Catholic schools. To be fully effective it needs to:

- Be faithful to the Church's vision of human wholeness whilst recognising the contemporary context in which we live today;
- Involve parents as they are primary educators of their child;
- Provide a positive view of human sexuality and dignity of the human person;
- Equip young people with the ability to make practical judgments about the right thing to do in particular circumstances;
- Explore and promote virtues which are essential to promoting respect and dignity;

Catholic Education Service

- **Be part of the cross-curricular work in both primary and secondary schools;**
- **Be sensitive to the needs of the individual pupil and recognise the mix of pupils with different sexual orientations, genders and family backgrounds in each class;**
- **Be taken seriously by governors and teachers as an integrated part of the broad and balanced curriculum that Catholic schools offer;**
- **Be delivered by competent professionals who understand the Church's teaching.**

Catholic Education Service

The CES further accentuates **that any teaching about love and sexual relationships in a Catholic School must be rooted in the Catholic Church's teaching about what it is to be truly human in Christ, what it means to live well in relationship with others and be presented within a positive framework of Christian virtue.**

The provision for RSE will follow pedagogical principles:

- **Progressive & Developmental**
- **Differentiated**
- **Cross-curricular: RE, IT, PE, Science, Music, Art, English, Health Ed.**
- **Integrated**
- **Coordinated**
- **Balanced**

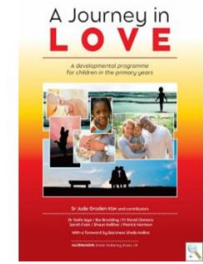
AIM of RSE

In partnership with our parents
we aim to provide children with a “positive and prudent sexual
education”
which is compatible with their physical, cognitive, psychological, and
spiritual maturity,
and rooted in a Catholic vision of education
that believes each person is made
in the image and likeness of God.

A Journey in Love

OVERVIEW

A Journey in Love Programme



Early Years: The wonder of being special and unique.

Aim: To explore the wonder of being special and unique.

Year 1: We meet God's love in our family.

Aim: To focus on families and specially growing up in a loving, secure and stable home.

Year 2: We meet God's love in the community.

Aim: To describe how we are growing and developing in diverse communities that are God-given.

Year 3: How we live in love.

Aim: To describe and give reasons for how we grow in love in caring and happy friendships where we are secure and safe.

Year 4: God loves us in our differences.

Aim: To make links and connections to show that we are all different. To celebrate these differences as we appreciate that God's love accepts us as we are now and as we change.

OVERVIEW

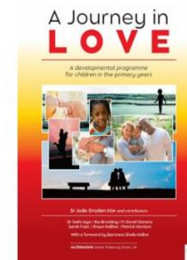
Year 5: God loves us in our changing and developing.

Aim: Show a knowledge and understanding of how we grow in awareness of the physical and emotional changes that accompany puberty – sensitivity, mood swings, anger, boredom etc. and grow further in recognising God's presence in our daily lives.

Year 6: The wonder of God's love in creating new life.

Aim: To develop a secure understanding of what stable, caring relationships are and how they are created. Focusing on Catholic teaching, children will also know and understand about the sacrament of marriage.

A Journey in Love Programme



A Journey in Love

- **The Role of the Parent**

The school recognises that parents/carers are the primary educators of their children and will seek to support them in their task. It will ensure that parents/carers are consulted with and kept fully informed of what is happening in RSE in terms of content, delivery, timing and evaluation.

- **The Right of Withdrawal**

Parents have the legal right to withdraw their children from sex education where this is not contained in the National Curriculum. It is hoped that parents would see the importance of educating children in these matters within the context of the faith.

- **The Role of the Governors**

The Foundation Governors of Catholic schools are appointed by the Bishop in order to promote and safeguard the Catholicity of the school. Governors will consult on, and approve the RSE policy in accordance with the Catholic character of the School and in line with other policies. They will ensure that the policy is made available to parents and will advise them of their right to withdraw their children. Governors will also ensure that there is an effective system for the monitoring and evaluation of the RSE policy, programme and related resources used.

A Journey in Love

- **The Role of the Headteacher**

The Headteacher has overall delegated responsibility for the implementation of the Relationships Education, Relationships and Sex Education and Health Education policy and its integration into the school's curriculum and Catholic life.

- **The Role of Staff**

Relationships Education, Relationships, Sex Education, and Health Education is a whole school issue. All staff will be involved in developing children's personal and social skills and the attitudes and virtues aspect of Relationships Education, Relationships and Sex Education and Health Education programme.

- **The Role of the Coordinator**

The RE Coordinator will implement inset for staff in order to develop and enrich their knowledge of this area of the curriculum, and, will monitor the teaching of Relationship and Sex Education in the school.