

RSE & PSHE

Vocabulary progression

Standard

This version was updated on 03/03/2026
14:43

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Overview - Vocabulary progression

Families and relationships					
Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
behaviour care emotions family feelings friend friendly problem stereotype permission	friendship love manners	bullying communicate empathy open questions similar solve sympathy trust	act of kindness authority bereavement boundaries bystander permission	attributes Cyberbullying marriage secret wedding	authority conflict earn expectation grief grieving resolve respect

**Words on this page are classified as Tier 2 words unless stated otherwise.*

Health and wellbeing

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
allergy emotions feelings germs ill (poorly) qualities relax	diet exercise goal growth mindset healthy physical activity relaxation skill strengths	alone balance barriers belonging identity lonely resilience boundaries	fluoride mental health negative emotions positive emotions visualise	fail protect responsibility steps assertive aggressive passive	antibodies habit vaccination

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Safety and the changing body

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Sex education	—	—	—	—	—	conception fertilisation sexual intercourse sperm

Safety and the changing body

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
	accident drug emergency hazards medicine physical contact polite respect role trust	medicine pedestrian private secret surprise penis testicles/testes vulva vagina	allergic anaphylaxis bullying casualty choice cyberbullying decision distraction fake influence injuries	age restriction asthma law protect puberty public tobacco breasts genitals	attraction decision consent influence menstruation/period bladder cervix clitoris egg or ova ejaculation erection fallopian tube labia nipples ovary/ovaries pubic hair scrotum sperm duct urethra uterus vaginal opening voice breaking wet dreams womb	alcohol internet trolling pregnant

Safety and the changing body						
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	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Citizenship						
Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	
care democracy different fair pet responsibility rule similar unique vote	election environment identity job opinion rule school council volunteer vote	charity communcity consequence council councillor law recycling rights United Nations/UN	authority cabinet council officer diversity Human rights local government protect reuse	defendant freedom of expression government House of Commons protected characteristics judge jury Member of Parliament (MP) Parliament pressure group Prime Minister trial	authority conflict earn expectation grief grieving resolve respect harassment	

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Economic wellbeing

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Banks and building societies cash earn save skill spend value	coins need notes priority want	account budget career feeling stereotype	bank account bank statement influence satisfaction value for money	allocate expenditure income loan repayment	earnings gambling roles and responsibilities university valuables

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